"Other hotels and restaurants can adopt similar practices to reduce food waste and manage garbage efficiently."

- Tunee Lorvongxay

Ms. Tunee Lorvongxay has been serving as a Human Resource Officer at Tmark Resort Vangvieng for eight months. The resort is a luxurious five-star hotel that offers a range of amenities such as room service, meeting rooms, fitness, spa, function facilities, and a restaurant. Despite the diverse offerings, the resort is faced with the issue of food waste, both in the preparation process and on customers’ plates.

Prior to attending a food waste reduction training, the hotel had a system for managing waste but did not properly separate different types of food waste nor weigh the garbage. Through the training, Tunee learned the significance of properly separating food waste and managing it efficiently. She was equipped with techniques like using the First-in-First-Out (FIFO) system and conducting stock checks before purchasing ingredients. As a solution to reducing waste, she also advises the staff to consume only the necessary amount of food.

Tunee expresses gratitude for the opportunity provided by Swisscontact to acquire new skills and gain valuable experiences in reducing food waste and managing garbage. The training was highly beneficial to the hotel, as it helped them to identify the amount of each type of waste and address problems effectively. She implemented the lessons learned in the main three departments: housekeeping, kitchen, and restaurant, as they are the ones directly involved with customers. She trained the staff on how to properly separate waste before disposing of it in the appropriate bin and placed signs for their convenience.

As a result of the training, Tunee is now able to identify areas where food waste can be reduced even further. The staff now prepares food based on the average number of customers, which has helped to reduce waste. She encouraged that "other hotels and restaurants can adopt similar practices to reduce food waste and manage garbage efficiently."

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